

Oil

3/3/21

- READ LUKE 4:18–19.
- TAKE THE OIL FROM YOUR LENT AT HOME KIT, DIP YOUR FINGER INTO THE OIL, AND USING THE OIL, DRAW THE SHAPE OF THE CROSS ON THE BACK OF YOUR HAND.
- SPEND A FEW MOMENTS IN PRAYER.

God chose the Israelite people as the people of God. But in their exile, they felt alone, hopeless, and lost. And they forgot who they were—the people of God, God's Anointed people. When the Israelites remembered God's unending love, they changed from hopeless into hopeful. They remembered that they had been anointed by God. Jesus also was chosen by God—to show us how to love, to take on the sins of the world, and most importantly, to save us. Just as God chose Jesus, God has chosen you.

⋮LENT *at* ⋮HOME

Reflection



DISCUSS OR THINK ABOUT THE FOLLOWING QUESTIONS:

- Just as kings and priests were anointed, you have also been anointed as God's own. Remember that as oil softens rough and broken places, so too can God's love soften our hearts. Where in your life needs God's softening?

PRAYER:

Dear God, thank you for Your healing hand. We ask You to help soften and heal our broken and hurting hearts. Thank You for loving and choosing us. Amen.