

Ash

2/17/21

- READ GENESIS 2:7
- TAKE THE ASHES FROM YOUR LENT AT HOME KIT, DIP YOUR FINGER INTO THE ASH, AND DRAW A CROSS ON YOUR OR YOUR FAMILY MEMBER'S FOREHEAD OR HAND.
- SPEND A FEW MOMENTS IN PRAYER.

When the Israelite people were exiled to an unknown and unfamiliar land, they felt hopeless and alone in the empty wilderness. But our Creator God is the breath of life, filling and inspiring both ourselves and the Israelite people. The palm branches remind us of the life of Jesus and the gifts of the Earth. After we wave palm branches on Palm Sunday, we store the branches until the next year, when they are burned to create the ashes needed for Ash Wednesday.

The ashes remind us who we are—people who were and are made out of the dust and dirt and ash. They also remind us whose we are—children of God.

⋮ LENT *at* ⋮ HOME

Reflection



DISCUSS OR THINK ABOUT THE FOLLOWING QUESTIONS:

- Have you felt God asking you to change anything about yourself today?
- If so, what?

PRAYER:

Dear God, thank you for forming us out of dust and ashes, breathing life into us. Help us to remember that our entire lives depend upon You. Fill us with the Holy Spirit, so that we can be faithful followers of Jesus. Amen.